## CLAIMS

## What is claimed is:

- 1. Edible spread composition comprising, as a homogenous mixture, about 10 to about 45 percent plant fiber-containing material, about 0.5 to about 10 percent edible oil, about 10 to about 60 percent water, and a sufficient amount of an emulsifier that inhibits the edible oil from separating from the mixture when the mixture is stored in a pressurized container.
- 2. The edible spread composition of claim 1, wherein the plant fibercontaining material containing fiber comprises peanut butter.
- 3. The edible spread composition of claim 1, wherein the plant fibercontaining material comprises chocolate liquor.
- 4. The edible spread composition of claim 1, wherein the emulsifier is contained in the mixture in an amount of about 0.05 to about 2 percent.
- 5. The edible spread composition of claim 1, wherein the emulsifier comprises diacetyl tartaric acid esters of monoglycerides.
- 6. The edible spread composition of claim 5, wherein the edible spread composition comprises at least about 0.2 percent diacetyl tartaric acid esters of monoglycerides.
- 7. The edible spread composition of claim 1, wherein the emulsifier comprises polyoxyethylene-(20)-sorbitan-monostearate.
- 8. The edible spread composition of claim 7, wherein the edible spread composition comprises at least about 0.1 percent polyoxyethylene-(20)-sorbitan-monostearate.

- 9. The edible spread composition of claim 1, further comprising about 1 to about 25 percent dairy product, and about 5 to about 20 percent sweetener.
- 10. The edible spread composition of claim 1, wherein the edible spread composition has a density greater than about 1.05 g/ml.
- 11. The edible spread composition of claim 1, wherein the edible spread composition has a density of about 1.15 to about 1.3 g/ml.
- 12. Peanut spread composition comprising, as a homogenous mixture, about 10 to about 45 percent peanut butter, about 1 to about 20 percent dairy protein concentrate, about 0.05 to about 2 percent oil separation-inhibiting emulsifier, about 0.5 to about 10 percent edible oil, about 5 to about 15 percent sweetener, and about 10 to about 60 percent water.
- 13. Chocolate spread composition comprising, as a homogenous mixture, about 10 to about 45 percent chocolate liquor, about 1 to about 25 percent dairy product, about 0.05 to about 2 percent oil separation-inhibiting emulsifier, about 0.5 to about 10 percent edible oil, about 1 to about 20 percent sweetener, and about 10 to about 60 percent water, wherein the edible oil is inhibited from separating from the composition when the composition is stored in a pressurized container.
- 14. A packaged spread product comprising an edible spread composition held in a container under a positive pressure force which can be controllably discharged from the container, wherein the edible spread composition comprises a homogenous mixture including about 10 to about 45 percent plant fiber-containing material, about 0.5 to about 10 percent edible oil, about 10 to about 60 percent water, and a sufficient amount of an emulsifier that inhibits the edible oil from separating from the mixture when discharged from the container.

- 15. The packaged spread product of claim 14, wherein separation of the plant fiber and oil is inhibited for at least about 12 weeks at a temperature of about 0 to about 120°F, while the edible spread composition is stored under the positive pressure force.
- 16. The packaged spread product of claim 14, wherein the positive pressure force ranges from about 10 to about 150 psig.
- 17. The packaged spread product of claim 14, wherein the positive pressure force ranges from about 20 to about 140 psig.
- 18. The packaged spread product of claim 14, wherein the emulsifier comprises diacetyl tartaric acid esters of monoglycerides.
- 19. The packaged spread product of claim 14, wherein the edible spread composition comprises at least 10 percent peanut butter, and least about 0.2 percent diacetyl tartaric acid esters of monoglycerides.
- 20. The packaged spread product of claim 14, wherein the edible spread composition comprises at least 10 percent chocolate liquor and least about 0.2 percent diacetyl tartaric acid esters of monoglycerides.
- 21. The packaged spread product of claim 14, wherein the emulsifier comprises polyoxyethylene-(20)-sorbitan-monostearate.
- 22. The packaged spread product of claim 14, wherein the edible spread composition comprises at least 10 percent peanut butter and least about 0.1 percent polyoxyethylene-(20)-sorbitan-monostearate.

- 23. The packaged spread product of claim 14, wherein the edible spread composition comprises at least 10 percent chocolate liquor, and least about 0.1 percent polyoxyethylene-(20)-sorbitan-monostearate.
- 24. The packaged spread product of claim 14, wherein the edible spread composition has a density greater than about 1.05 g/ml.
- 25. The packaged spread product of claim 14, wherein the edible spread composition has a density of about 1.15 to about 1.3 g/ml.
- 26. The packaged spread product of claim 14, wherein the container comprises a hollow cylindrical body having opposite longitudinal ends, a pressurized gas-containing chamber, an edible spread composition-containing chamber, and a floating plunger slidably arranged inside the cylindrical body, wherein the plunger separates the pressurized gas-containing chamber from the edible spread composition-containing chamber, wherein the pressurized gas-containing chamber contains a pressurized gas creating a pneumatic pressure force against a side of the floating plunger opposite to the edible spread composition-containing chamber; and a closure member included at a longitudinal end of the container including a passageway extending from the edible spread composition-containing chamber to an outside atmosphere, wherein the closure member has a normally closed position to prevent flow of edible spread composition through the passageway but, when actuated permits, flow through the passageway to discharge the edible spread composition.
- 27. The packaged spread product of claim 26, wherein the container further includes a dome-shaped top section attached to the longitudinal end of the cylindrical body defining the composition-containing chamber, wherein the closure member includes a valve which, when tilted, discharges the edible spread composition from the container, and when tilting force is released the valve returns to the normally closed position; and a bottom section attached

to the opposite longitudinal end of the cylindrical body defining the pressurized-containing chamber which includes a plug that seals an opening through which pressurized gas can be introduced into the pressurized gascontaining chamber.

- 28. The packaged spread product of claim 14, wherein the positive pressure force is applied constantly to the edible spread composition during storage of the peanut spread product.
- 29. The packaged spread product of claim 14, wherein oil separation is inhibited for at least about 12 weeks storage.
- 30. The packaged spread product of claim 14, wherein the edible spread composition comprises about 10 to about 45 percent peanut butter, about 0.05 to about 2 percent oil-separation inhibiting emulsifier, about 0.5 to about 10 percent edible oil, and about 10 to about 60 percent water.
- 31. The packaged spread product of claim 14, wherein the edible spread composition comprises about 10 to about 45 percent peanut butter, about 1 to about 20 percent dairy protein concentrate, about 0.05 to about 2 percent oil-separation inhibiting emulsifier, about 0.5 to about 10 percent edible oil, about 5 to about 15 percent sweetener, and about 10 to about 60 percent water.
- 32. The packaged spread product of claim 14, wherein the edible spread composition comprises about 10 to about 45 percent chocolate liquor, about 0.05 to about 2 percent oil-separation inhibiting emulsifier, about 0.5 to about 10 percent edible oil, and about 10 to about 60 percent water.
- 33. The packaged spread product of claim 14, wherein the edible spread composition comprises about 10 to about 45 percent chocolate liquor, about 1 to about 25 percent dairy product, about 0.05 to about 2 percent oil

separation-inhibiting emulsifier, about 0.5 to about 10 percent edible oil, about 1 to about 20 percent sweetener, and about 10 to about 60 percent water.